

Bachelor of Science in Physical Education -- University of Science and Arts of Oklahoma

Interdisciplinary Studies (IDS) (46-48 hours)			Hours	Trimester				Hours	Trimester
IDS 1013	Rhetoric and Critical Thinking	3		IDS 2013	Foundations of Physical Science	3			
IDS 1133	The Individual in Contemporary Society	3		IDS 2023	Foundations of Life Science	3			
IDS 1113	Introduction to College Writing	3		IDS 2011	Foundations of Science Lab	1			
IDS 1213	Writing about Literature	3		IDS 2133	American Civilization I	3			
IDS 1223	Mathematics in the Modern World	3		IDS 2143	American Civilization II	3			
Artistic Expression -- 2 hours					IDS 3223	Political and Economic Systems and Theories	3		
					IDS 3313	World Thought and Culture I	3		
Physical Expression -- 2 hours					IDS 3323	World Thought and Culture II	3		
PHED 1011	Concepts of Health and Fitness	1		IDS 4333	World Thought and Culture III	3			
					IDS 4522 or	Senior Seminar or	2		
					IDS 4552	Research Project II (prerequisite: IDS 4462)	2		
Physical Education Major (42 hours)									
42 hours in Physical Education Required Courses									
Physical Education Required Courses -- 42 - 43 hours			Hours	Trimester	Elective Courses -- 37 hours			Hours	Trimester
PHED 1011	Concepts of Health and Fitness	1							
PHED 1061	Folk, Square, and Social Dance	1							
PHED 1111 or	Beginning Swimming or	1							
PHED 1132	Water Safety Instruction	2							
PHED 1222	Foundations of Physical Education	2							
PHED 1233	Personal Health	3							
PHED 1322	Fundamentals of Team Sports	2							
PHED 1422	Fundamentals of Individual Sports	2							
PHED 2223	First Aid and Civil Defense	3							
PHED 2233	Community and Consumer Health	3							
PHED 2313	Prevention and Care of Athletic Injuries	3							
PHED 2433	Human Anatomy and Physiology	3							
PHED 3213	Kinesiology	3							
PHED 3333	Physical Education in Elementary School	3							
PHED 3342	Sports Officiating	2							
PHED 4102	Organization and Administration of Phys. Ed.	2							
PHED 4212	Adapted Physical Education	2							
PHED 4223	Measurement and Evaluation in Phys. Ed.	3							
PHED 4313	Physiology of Exercise	3							

Computer proficiency is required

A minimum of 124 hours is required

A minimum of 40 hours of upper division work is required

The physical education major exit exam is required

Degree requirements effective July 2022

